

CLINICAL IMAGING OF HYPOXIA WITH POSITRON EMISSION TOMOGRAPHY

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Purpose: Hypoxia has prognostic significance in patients with certain malignancies, and is a critical factor in determining the response of solid tumors to chemotherapy and radiation therapy. Furthermore, reoxygenation following hyperthermia correlates with improved treatment outcome, making hypoxia a highly relevant parameter for monitoring hyperthermia therapy. Imaging techniques using positron emission tomography (PET) can provide non-invasive and semi-quantitative measurement of tumor hypoxia in patients. Several PET radiotracers have been developed which selectively accumulate in hypoxic tissues. However, additional considerations are necessary for a radiotracer to be practical for clinical use. These include factors such as commercial production and availability, and radiation dose to the patient. We present preliminary clinical data on two different PET tracers that show promise for clinical evaluation of hypoxia.

Methods and Results: ⁶²Cu-diacetyl-bis(N⁴-methylthiosemicarbazone) (⁶²Cu-ATSM) is a small molecule which readily diffuses into cells, where it is selectively bioreduced and trapped within viable cells under hypoxic conditions. ⁶²Cu-pyruvaldehyde bis(N⁴-methylthiosemicarbazone) (⁶²Cu-PTSM) is similar to ⁶²Cu-ATSM, but without the selectivity for hypoxic cells, and has been used as a surrogate marker for perfusion. ⁶²Cu is a short-lived positron emitting radionuclide (t_{1/2}=9.7 min). A ⁶²Zn/⁶²Cu generator has been developed to produce ⁶²Cu from the parent ⁶²Zn (t_{1/2}=9.3 hr), which can be delivered to the PET imaging facility on the day of imaging. This generator, along with a rapid radiosynthesis kit, enables ⁶²Cu-ATSM and ⁶²Cu-PTSM to be produced conveniently on-site. The short half-life of ⁶²Cu allows both ⁶²Cu-ATSM and ⁶²Cu-PTSM imaging to be performed serially in a single session.

Discussion: ¹⁸F-labeled PET radiotracers have great promise for clinical applications. ¹⁸F provides superior spatial resolution due to low initial positron energy. In addition, the 2-hour half-life allows ¹⁸F radiotracers to be produced commercially and facilitates widespread distribution to PET centers. Practical methods for the radiosynthesis of ¹⁸F-EF5 (2-[2-nitro-1H-imidazol-1-yl]-N-[2,2,3,3,3-pentafluoropropyl] acetamide) have been developed. EF5 been shown to be an accurate surrogate marker for tissue hypoxia both in animal and human studies, and ¹⁸F-EF5 has the potential to become an important PET tracer for imaging hypoxia.

Conclusions: ¹⁸F-EF5 and generator-produced ⁶²Cu-ATSM and ⁶²Cu-PTSM have potential as PET imaging tracers which could be routinely used in clinical PET studies. EF5 may have greater specificity for hypoxia, but the short-lived ⁶²Cu compounds allow relative measurement of two parameters (hypoxia and blood flow) in a single imaging session. The full clinical utility of these tracers for evaluating hypoxia requires further investigation. Preliminary clinical examples of each tracer are shown.

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